



Care & Repair Cymru

Older People's Housing Champion
Cefnogwr Tai Pobl Hŷn

The Well Being Enigma

Age Alliance Wales Conference July 2013

Member of the Community Housing Cymru Group / Aelod Grŵp Cartrefi Cymunedol Cymru:





Older People housing issues

- **Disrepair, “unfit housing”**
- **Excess winter illness and death**
 - Cold damp homes
 - Fuel poverty
- **Accidents and falls**
- **Accessibility- adaptation delays**
- **Choice and control**

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Poor housing “outcomes”

- **Ill health e.g. chronic respiratory disease, circulatory disease, depression**
- **Excess Winter illness and deaths**
- **Accidents and falls**
- **GP visits, unscheduled care and increased A&E admissions**
- **Delayed transfers of care**
- **Admissions to care homes**



Preventative services

- Adaptations- small and large
- Repairs and improvements
- Handy person services
- Benefit advice and increased income
- Hazard identification and falls prevention
- Energy efficiency schemes

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Conclusion

- **Where someone lives has a huge impact on their health and well being**
- **Poor housing leads to poor health....and use of NHS and Care services that can be prevented by.....**
- **Greater investment in services such as those provided by Care & Repair**



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